

Dissecting Aerial : 12th/13th April 2025

All presentations will be live streamed with captions. BSL interpretation will be available as requested.

Practice, pedagogical and personal approach presentations from aerial artists, researchers, body workers, medical and sports science practitioners.

Recordings of all sessions will be available from April & expire at 23.59 GMT on May 9th

Key

In-person
Remote
Recording

Sat 12th April - TBC, may start slightly later depending on final programme				
Time	Duration	Activity & topic	Speaker	Presenter Location
9.30am		Participants registration, teas & coffees		
9.45am		House open		
10am	10 mins	Welcome & housekeeping	Lindsey Butcher	ACCA
10.10 - 11.30	75mins + Q&A	The 'feltness' of circus training & coaching: reflections & practical applications in flexibility & contortion	Dr Carolyn Watt	ACCA
11.40 - 12.20	35 mins + Q&A	Concussion in the aerial arts: what you need to know	Dr Matilde Sassani	ACCA
12.30 - 13	30 mins	Flying through pregnancy - ante and post-natal training for aerialists	Kate Edwards	ACCA
13 - 13.05	5 mins	Close morning meeting	Lindsey Butcher	ACCA
13.05 - 14.05	60 mins	Lunch		
14.05 - 14.15	10 mins	Welcome back	Lindsey Butcher	ACCA
14.15 - 15.05	45 mins + Q&A	Up in the Air, Strong Down There': Pelvic Floor Health for Aerialists	Dr Brooke Winder	Remote
15.15 - 16.20	60 mins + Q&A	Using Physics to Improve Aerials. Part 1 - Static	Jacques Palardy-Dion	Remote
16.30 - 17.35	60 mins + Q&A	'Debunking Myths in Hair Suspension: Re-thinking our Approach to Hair Hang	Nicole Malbeuf	Remote
17.35 - 17.40	5 mins	Closing UK meeting for the day	Lindsey Butcher	ACCA
Sun 13th April				
Time	Duration	Activity	Speaker	Presenter Location
9.30am		Participants registration, teas & coffees		
9.45am		House open		
10am	5 mins	Welcome & housekeeping	Lindsey Butcher	ACCA
10.05 - 10.55	45 mins + Q&A	Bendy bodies, bendy brains'	Dr Jessica Eccles	ACCA
11.05 - 11.55	45 mins + Q&A	Creating aerial performance with access at the core'	Tilly Lee Kronnick/Jonny Leitch	ACCA
12.05 - 12.50	40 mins + Q&A	Creative audio description in movement practice - welcoming the VIP community	Kate Lawrence/Karina Jones	ACCA
12.50 - 12.55	5 mins	Close morning meeting	Lindsey Butcher	ACCA
12.55 - 13.55	60 mins	Lunch		
13.55 - 14.00	5 mins	Welcome back and intro	Lindsey Butcher	ACCA
14 - 14.40	35 mins + Q&A	Chest binding in Circus	Izzi Kessner	Remote
14.55 - 16.00	60 mins + Q&A	Using Physics to Improve Aerials. Part 2 - swinging	Jacques Palardy-Dion	Remote
16.10 - 17.15	60 mins + Q&A	Beyond Rest Days - active physical and mental health recovery practices for aerial artists	Janelle Peters	Remote
17.20 - 17.25	5 mins	Closing UK meeting for the day	Lindsey Butcher	ACCA